

livelife

Live life to the full with a little help from HASSRA

AUTUMN 2017 | Issue 20



Win a
luxury
hamper
worth £500

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Win a John Lewis

'Twelve Days of Christmas' Luxury Hamper with **HASSRA!**



HASSRA is giving a lucky member the chance to win a John Lewis 'Twelve Days of Christmas' Luxury Hamper worth £500! Packed full of delicious treats for the entire family to enjoy throughout the festive season. This is a perfect gift from HASSRA, just in time for Christmas!

Don't worry if you miss out on the first prize because there are more chances than ever to win. There are also two hampers worth £250, plus 20 hampers worth £150, all from John Lewis.

To be in with a chance of winning, register now with the **HASSRA Online Shop!**

So make sure you are all good girls and boys. Join the HASSRA Online Shop, **if you haven't already done so**. It's the only way to be in with a chance of winning one

of these wonderful prizes, **as well as the upcoming Christmas Cracker 2017** (see page 5 for details).

It is also the **ONLY** way to order tickets for the cinema, theme parks and zoos, and WWT tickets. Not forgetting all our exclusive discount codes and the vouchers for our fantastic Historic Royal Palaces offer. Make sure you opt in to our **HASSRA Online Shop** Newsletters too. It's a great way to keep up to date with news, offers and new benefits.

Our previous Livelife Giveaway saw these ten lucky members receive an awesome Apple Watch:

Denise Brazier – North West
Amanda Mains – North East
Vicky Cox – Yorkshire and Humber
Kellee Thomas-Plummer – North West
Magdalene Thompson – Scotland
Shirley Phillips – London
Louise Beattie – Scotland
Gail Senior – West Midlands
Vanessa Balmer – North West
Gita Patel – North West

In it to win it!

Ever think to yourself:

"I'm not entering that competition – I've got no chance of winning?"

Well, think again!

Joanna Hayward, London, told us how she won first prize in one of our recent Fun and Free Competitions.

"My mother and I are avid Wimbledon fans. We have previously tried to get tickets via public ballot, as well as previous HASSRA Wimbledon competitions, always without success. When I got the call with the news that I had

won first prize, I drove over to mum's to tell her the news. At first she didn't believe that I had won tickets to the Ladies Wimbledon Final!

What an amazing experience! We had a fantastic day.

The prize included admission to the British Tennis Suite, where we enjoyed a delicious afternoon tea, plus the obligatory strawberries and cream. Our seats were behind the Royal Box so we had a great view of Centre Court. The friendly crowd also meant we were able to really enjoy the atmosphere.

The highlight for me was seeing the carpet rolled across the court after the match and watching the trophy presentation, with the whole crowd on their feet applauding both the runner up, Venus Williams, and the tournament winner, Gabine Muguruza.

I can't think of anything I would have changed. A huge thank to HASSRA for a day that we will always remember!"

"What an amazing experience! We had a fantastic day."

CENTRE COURT		NO.1 COURT		
LADIES' SINGLES F	S G P	GIRLS' SINGLES F	S G P	
Garbina MUGURUZA		Alex LI		
Venus WILLIAMS		Claire LIU		
NO.2 COURT DD RR				
7	CASTLE / CHIANG	1 3 40 7	HOJDET / PEPER	1 5 38
5	MCENROE / TARANGO	+ 6 3 30 6	HEWETT / RED	+ 6 1 38
COURT 12 BS SF				
4	Patrick KYPSON	+ 6 8 6 6	Corélin MOUTET	1 6 15
6	A. DAVIDOVICH FOKINA	1 6 40 1	Axel GELLER	+ 6 1 15



Welcome to the Autumn edition of Livelife

In this issue we look back at some of our fantastic events over the summer and look forward to what's ahead in the coming months.

We held two very successful festivals during July and September, with over 1,000 members taking part in a wide range of sports and leisure activities, ranging from archery to tennis, art to drama. We also introduced a craft workshop where members made beautiful garments in miniature for premature babies in the neo natal unit at Coventry Hospital. There are some fantastic photos of this and other festival events on pages 6-9 and on our **Flickr account**.

Looking ahead to our 2018 Festivals, you might want to think about applying to the HASSRA Development Scheme for help in honing your sporting skills or community-based activities. Have a look at page 11 to see how the Scheme helped two of our members reach their goals and how you can apply.

We'd also welcome your feedback on the Scheme, so please take a few minutes to complete the short survey – participants will be automatically entered into a free prize draw to win one of five Fitbits.

On the subject of winning, do you feel like you never win anything? Joanna Hayward tells us about how she won first prize in our Wimbledon competition and what an amazing experience she had watching the ladies' final. Page 2 also includes details of our latest **HASSRA Online Shop** giveaway. Just make sure you've opened a shop account you'll be automatically entered into the draw to win a luxury hamper.

If you are wondering how to keep the children occupied this half term take a look at page 4 where you can find out about our latest deal with Wildfowl and Wetlands Trust (WWT). For just £8 (£2 per ticket) a family of four can visit one of the Wetland Centres where lots of seasonal activities will be taking place.



Before we know it the festive season will be upon us. Once again we will be running our Christmas Cracker draw with a top prize of £3,000, other cash prizes and plenty of electronic gadgets to be won. All of which will be delivered in time for the Christmas celebrations.

Get out and about this Autumn and make the most of your **HASSRA** membership. All of our current offers and discounts can be found on the **HASSRA Online Shop**.

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HASSRA and **English Heritage** forge new deal for members!

There's no doubting the popularity of HASSRA's corporate membership of English Heritage. Thousands of members and their families have enjoyed privileged access to some of England's most cherished heritage sites since we teamed up in February 2012.

This arrangement will end on 30th January 2018 but happily will be immediately replaced with a new deal.

We know that for many of you this is an important membership benefit, so we've been working hard with our partners in EH to agree a new offer. For HASSRA, this has meant securing another unique and privileged deal for our members.

We're still working on the detail but wanted to give you early notice so that you can make the most of the current offer between now and 30th January 2018.

So please get out and about – details of all EH sites can be found at www.english-heritage.org.uk – and don't forget to make the most of your additional 15% discount in EH shops and cafes.

There'll be more about the new deal in the December issue of LiveLife, so watch this space.



ENGLISH
HERITAGE

New **WWT** perks for **HASSRA** members



We have agreed a fantastic deal with Wildfowl and Wetlands Trust for discounted tickets, which are further subsidised by HASSRA.

Tickets are priced at just £2 and can be used at any Wetland Centre* until 31st August 2018.

That's just £8 for a family of four.

We only have a limited number of tickets so visit the HASSRA Online Shop now to buy yours.

Members are restricted to one application per month with a maximum of ten tickets per application.

Full details of all Wetland Centres can be found at www.wwt.org.uk

***Please note: You don't need to purchase tickets for WWT Steart as it's already free.**



HASSRA Summer Promotion 2017

2017 was the seventh anniversary of our Summer Promotion, which saw thousands of members taking advantage of huge discounts on normal gate prices at some of the nation's favourite attractions and theme parks.

During the 2017 promotion members saved a whopping £200k. Once again, the most popular attraction was Chester Zoo with nearly 3000 tickets sold, closely followed by Blackpool Pleasure Beach (2530) and Blair Drummond (1850).

The promotion has now ended but there are still heavily discounted tickets for many attractions until the end of the 2017 season.



REGISTER NOW with the HASSRA Online Shop to take advantage of these and many more great offers including the upcoming HASSRA Christmas Cracker 2017.

With a top prize of £3k and a total prize fund of £20k, Christmas could come early for those good boys and girls who are registered with the HASSRA Online Shop by 30 November.

This year's Christmas Cracker will once again include lots of cash prizes plus plenty of fantastic electronic gadgets to give HASSRA members some extra festive cheer.

However, ONLY members who are fully registered with the **HASSRA Online Shop** will be entered into the draw. There are no tricky questions to answer. We will just draw 80 names from the **HASSRA Online Shop** and you can just sit back and wait for us to contact you.

So don't hesitate. Register now on the **HASSRA Online Shop**. The ONLY way to have a chance of grabbing one of these fantastic prizes.

You don't need to re-register if you already have an account. However, if you are already registered, please make sure that your account details are up to date.



July Festival 2017

The Winners



10K Run

Ladies
Sheona Hudson
Fylde

Men
Ian McIlwraith
Scotland

Archery

Ladies
Lorraine Burrow
North West

Men
Suresh Dhanji
North West

Team Event
Lorraine Burrow
Suresh Dhanji
North West

Badminton

Ladies' Doubles
Helen Bamber & Nicola Bibby
North East

Men's Doubles
Simon Bamber & Dave Parker
North East

Mixed Doubles
Helen Bamber & Simon Bamber
North East A

Coarse Angling

Individual
Andy Edgington
West Midlands

Team Event
South West

Drama

Best Production
2 and a half minutes to Midnight
West Midlands

Best Performance by an Individual
Paul Lumsden
West Midlands

Flat Green Bowls

Ladies
Maureen Hunter
Scotland

Men
Lindsay Hammond
Scotland

Pairs
Paul Taylor & Paul Whiteley
Fylde

Fly Fishing

Team Event
North East

Individual
John Heppell
North East

Give Us A Clue

North East

Men's 5-a-Side Football

Wales

Mixed Rounders

North West

Pop Quiz

Yorkshire and the Humber

Tennis

Ladies' Doubles
Lorraine Cockell & Fiona Jeffreys
East Midlands

Men's Doubles
Ian Hartley & Ed Woodcock
North West

Images by: SJWeddingPhoto.co.uk, sanjaychamund.co.uk, Chris Gallagher, Phil Vaughan and Craig Lewis – see the [HASSRA Flickr page](#) for more.



Thanks to Yocalm.com for all the pre-event warm-up sessions.

September Festival 2017

The Winners



Thanks to Yocalm.com for all the pre-event warm-up sessions.

Art

Dina Mackins
Scotland

Chess

Simon Lunn
London

Crown Green Bowls

Singles
Colin Parry
North West

Pairs

Jackie Butterworth
Paul Holden
North West

Darts

Ladies' Singles
Karen Garton
East Midlands

Men's Singles

Stuart Monaghan
Yorkshire and the Humber

Team Event

South East

Gaming

Individual
Alistair Macintyre
Scotland

Team Event

Scotland

General Knowledge Quiz

North West

Golf

Ladies' Scratch
Shirley Back
Scotland

Ladies' Handicap

Debbie Kerr
Yorkshire and the Humber

Men's Scratch

David Macintyre
Scotland

Men's Handicap

Steve Rowe
North East



Mixed Touch Rugby

Yorkshire and the Humber

Music

Contemporary
Samantha Kingsbury
West Midlands

Classical

Alison King
Scotland

Instrumental

Joanne Graham
Fylde

Overall Winner

Samantha Kingsbury
West Midlands

Netball

West Midlands

Photography

Colour Category
Andrew McGee
Scotland

Abstract Category

Jason Raven
East Midlands

Motion Category

Kevin Donegan
North West

Emotion Category

Kevin Donegan
North West

Overall Winner

Kevin Donegan
North West

Pool

Men's Singles
Ryan Cleaves
South West

Ladies' Singles

Carol Stevens
South West

Table Tennis

Men's Singles
Alan Turner
North West

Ladies' Singles
Lucy Elliott
Scotland

Men's Doubles

Ian Teale
Andrew Lee
Yorkshire and the Humber

Ladies' Doubles

Lesley Whitehead
Joan Donovan
London

Mixed Doubles

Lucy Elliott
Gordon Duff
Scotland

Ten Pin Bowling

Men's Scratch
Norman Hamed
Yorkshire and the Humber

Men's Handicap

Mike Terry
South West

Ladies' Scratch

Kay Leppard
South East

Ladies' Handicap

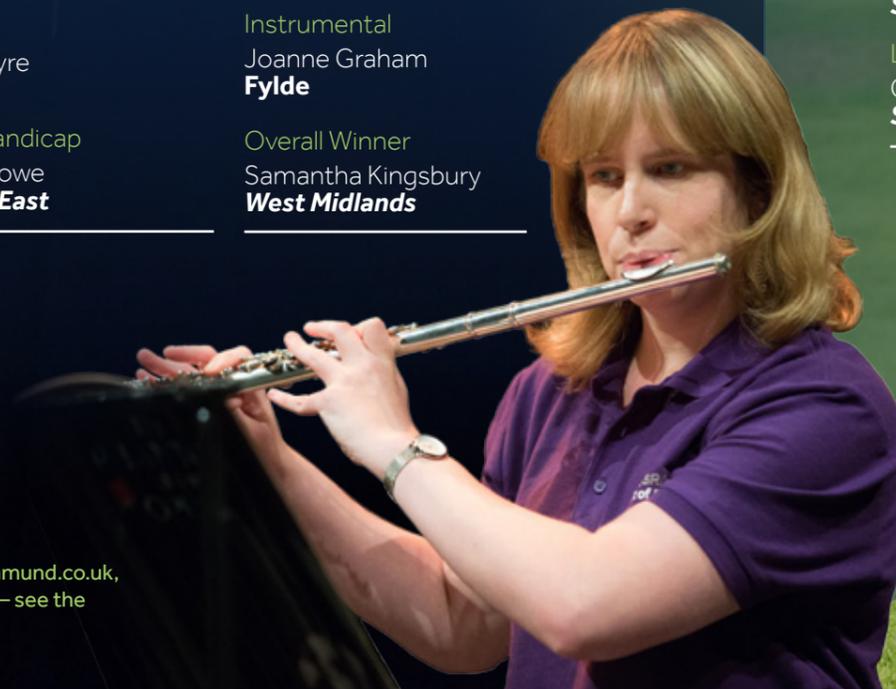
Alison McCormick
Fylde

Mixed Pairs

Mike Terry
Maggie Gaughan
South West

Team

South West



THE BIG IDEA



Since the launch of the Big Idea in May 2017, colleagues across DWP Directorates have taken part in lots of great activities and events. Individuals, teams, sites and regions have helped raise money for local and national organisations, helping many good causes.

These activities included cake sales, quizzes, walks, races (by foot, bike and even by raft), sky dives and various theme days such as the Sheffield Special Olympics.

We joined together across DWP Directorates, we got to know each other, had fun and made new contacts. So far we have raised over £300k.

Now that autumn is approaching, we want to encourage you to take part in activities during October and so we are launching our October Challenge to raise even more money for good causes.

Margaret Moor, CMG Maintenance Director and National HASSRA Chair is joining with other senior CMG leaders to raise money in October.

Margaret said

"The Operational Leadership Team (OLT) in CMG have fully embraced the Big Idea. We are co-ordinating our time across our national network to support our CMG regional colleagues in their efforts to raise money for their worthy cause.

We will visit each region in the next six months and alongside our leadership and business duties, we will do 'whatever we are asked'.

We are also all taking leave to work in a garden for a day for the Smile for Life charity in the North East on 12 October. We will be transforming it from an unsafe space into a sensory garden. It's all very exciting and we should have fun but it also feels great to be doing these things as a team, showing that OLT support and value the efforts of all colleagues in CMG."

What can you do?

We have national and Regional "The Big Idea" Social Intranet Groups – have a look and see what is happening; join the groups and post your events.

Contact your Big Idea representative to find out what is happening in your region and join in or support your colleagues.

If you have a charity or good cause you want to raise money for, speak to your colleagues and Big Idea representative for fundraising ideas and get others involved.

Let's see how well we can do in October.

Regional Reps Details:

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North West England

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Wales

Andrew.Vaughan@dwp.gsi.gov.uk

Central England

Michael.Godber@dwp.gsi.gov.uk

LHC

Rhonda.Willats@dwp.gsi.gov.uk

Southern England

Mike.Blythman@dwp.gsi.gov.uk

**HASSRA
supports
the Big
Idea**



THE HASSRA DEVELOPMENT SCHEME

The HASSRA Development Scheme has been in operation for over 30 years, providing financial support to individuals who want to develop their skills where this would involve an expense they would find difficult to meet.

Read on to discover how the Scheme has helped two HASSRA members in particular reach their goals and excel in their chosen fields.

STEPPING INTO THE SKIPPER'S DECKSHOES

Nerys Legg, South East, tells us how the Scheme has given her the opportunity to develop her passion for sailing:

“ As a HASSRA member, I have been lucky enough to have taken part in a few IDOR's (Inter Departmental Offshore Regatta). I have sailed and raced dinghies from a young age, but never a big yacht like the IDOR vessels.

After my first IDOR, I decided to complete an RYA First Aid course through a local dinghy club. I bought an RYA Logbook to record my sailing activities and was flicking through the many courses on offer but didn't think much more about it at the time.

However, one of the skippers I met suggested I go for the Day Skipper training to build on my dinghy racing skills, but the cost initially put me off. However, I eventually found an RYA Day Skipper theory course online and with the help of the HASSRA Development Scheme, I did it. I passed with flying colours and really enjoyed completing the course.

I was able to use my new skills for Team HASSRA in this year's IDOR, racing in The Solent, a busy shipping and boating area with fishing, strong tides and changing weather systems. My recently acquired knowledge helped me to support the Skipper by providing timely information to improve our sailing experience and that of the novices on board. HASSRA had its most successful IDOR, taking home three 1st place trophies and placed 2nd overall.

With the assistance of the HASSRA Development Scheme once again, I have booked some more time off to complete the Day Skipper practical course later in the year. Without this support it is unlikely that I would have been able to afford it. When the current Skipper retires, I am hoping to step into his deck shoes and lead a Team HASSRA craft to more IDOR success, whilst sharing my knowledge and experience with other HASSRA members. ”



CELEBRATING A LIFE SAVING ORGAN TRANSPLANT

Tim Adamson, East of England, recently competed at the World Transplant Games with assistance from the HASSRA Development Scheme. Tim tells us:

“ I am incredibly grateful for the financial support that the HASSRA Development Scheme and CSIS gave me to support my participation as part of Team GB at the 2017 World Transplant Games.

Having had a kidney transplant in 2002, I was selected to represent Team GB for the 6th time at the 21st Games in Malaga, Spain. Each Team GB member was asked to raise £1500 (to cover participation, accommodation, flights, kit, training, support staff, etc.) so the funding that I received from HASSRA and CSIS was invaluable.

I was selected to play badminton singles, level doubles, mixed doubles, & volleyball and was really pleased with a silver medal in both the badminton singles & men's doubles. Unfortunately, and not for the first time, in both my finals I met a former Commonwealth Games competitor from South Africa, Johan Kleingeld, who was just too good! Team GB was also presented with the 'Outstanding Team' Award having topped the medals table.

It was a fantastic way of celebrating the gift of a life-saving organ transplant and gives transplant athletes from all over the world the opportunity to compete against each other and raise the profile of organ donation and transplantation. Without our donors, none of us would be taking part and leading such an active lifestyle. ”

To find out more about organ donation in the UK:
www.organdonation.nhs.uk



Tell us what you think at the HASSRA Development Scheme Survey and you could win one of five FitBits. You can also find out more at the HASSRA Development Scheme page on our website.

get into GOLF

“Get into Golf” is a national campaign delivered locally, to inspire people to take up golf. Run by England Golf and supported by Sky Sports and Sport England, and with National Lottery funding, the campaign is delivered by local golf facilities and PGA professionals.

For some time, Simon Woodrow, HASSRA Fylde Regional Chair has been trying to get more ladies to take up the sport. When Fleetwood Golf Club recently ran a programme aimed at a particular group of potential players, he took the opportunity to contact their club professionals to see whether he could do something similar for HASSRA Fylde ladies. Simon was challenged to find nine ladies who would be interested in a six week programme that would start with the basics and build from there.

With nine ladies teed up, the first Saturday session took place and, in typical Fleetwood fashion, it was “lashing down” with winds gusting at 35mph!! However, everyone got a chance to hit some shots in the indoor studio (with varying degrees of success), but they all enjoyed the session and were set for the next five weeks.

The following tutorials covered putting, chipping, pitching and full shots before finally getting out on the course to play a “competition” on the first three holes.

The feedback from the players, Pro and organiser, was great...

“ Being an absolute beginner I was a little concerned before starting the programme just in case I couldn't hit the ball. For me, the programme is at the right pace and is a lot of fun; it's also a nice social event. ”

“ The Pro has been great so far, very patient and encouraging, and more importantly, fun and informative. ”

“ As a veteran of many Crazy Golf and Pitch & Putt courses I'd always thought, how difficult could proper golf be? From the first session it became clear just how tricky it is...I've learnt that I'm a whacker not a tapper, I've no idea about distance and if there's a bit of scrub then my ball will land in it. I've had a great time finding all this out! ”



“ I've learnt that I'm a whacker not a tapper ”

“ I really didn't think that HASSRA Fylde would find nine ladies who would be willing to attend the sessions, so it is a real credit to their organising skills that they managed to sort this out. It was a pleasure to teach the group the different skills and to see them all develop week on week. I am really looking forward to seeing this initiative grow and for more ladies to take part in future. ”

“ Full credit to the Pro for everything he did to make this first programme such a success. Every time I saw the ladies hitting shots down the practice ground I had to pinch myself to remind me that they had only been “playing” golf for a few hours. Mind you that was whilst trying to avoid being hit by some of their shots. ”

Further sessions have already been arranged for new groups.

Why not contact your local golf club to see if there are similar opportunities in your region?

