

The Allure Ultimate Spa Day

Indulge in the ultimate spa day. A perfect package for total relaxation. The day will begin with a back, neck and shoulder massage using aromatic bags infused with ginger and nutmeg encasing hot stones. The aroma and warmth induce total relaxation. An indulgent Sothys facial will follow and a full Jessica manicure and pedicure will complete the day. Refreshments, lunch and full use of the spa facilities is included.

Off Peak £180 Peak £195

The Allure Deluxe Spa Day

This day includes 3 luxury treatments. A Sothys facial with a relaxing scalp massage, either a hot stone full body massage or a Velvet Skin Miracle treatment to with a Jessica manicure to complete the day. Refreshments, lunch and full use of the spa facilities is included.

Off Peak £160 Peak £175

Couples Spa Day

This day involves both experiencing a Sothys facial or a detoxifying Marine Benefits full body exfoliation. A wonderfully relaxing back, neck and shoulder massage will complete this days treatment. Refreshments, lunch and full use of the spa facilities is included.

Off Peak £160 per couple Peak £175 per couple

Allure Post Natal Spa

When sleep deprivation takes its toll and you are in need of "me" time with a little relaxation this is the ideal package for you. A relaxing Sothys facial including a scalp massage begins the day and is followed by a full body wake up exfoliation which is ultra stimulating and is guaranteed to leave you feeling invigorated. Lunch and Full use of the spa facilities is included

£90 Off peak £105 Peak

A Tonic Bust treatment may be added to complete this day which is a treatment to uplift and firm the bust area.

£120 Off peak £135 Peak

Holistic Spa Day

This day begins with a full body wake up exfoliation followed by time left to relax in the hydrobath to ease away tension. Your skin will be left smooth following application of top to toe moisturiser. The day is completed by a relaxing aromatherapy back, neck, shoulder and scalp massage. Lunch and full use of the spa facilities is included

Off Peak £90 Peak £105

Detox Spa Package

Excellent for people who are about to embark on an exercise or weight loss programme. A wonderful package to completely detox the body. A detoxifying facial starts this day followed by a detoxifying marine benefits full body exfoliation with massage. Full use of the spa facilities is included

Off Peak £95 Peak £105

Classic Spa

This is an ideal time-out package to recharge and refresh. Includes a Sothys Flash Beauty facial with scalp massage or a holistic back, neck and shoulder massage plus a Jessica nail treatment. Lunch and full use of the facilities is included.

£60 off peak £75 Peak

Twilight Spa

A full body exfoliation to begin followed by an orient sensations back neck and shoulder massage treatment which uses aromatic bags with hot stones infused with ginger and nutmeg warming spices soaked in hot oil. A light supper and smoothie in the brasserie will ensure a perfect end to a busy day. Full use of the Spa facilities is included.

Mon - Thurs 4pm-8pm £60

The "Morning After" Spa

When you have overindulged yourself but need to keep going, we can help to enegise you. Start with a Vitamin C boost in the form of a freshly made smoothie followed by a detox back, neck and shoulder massage. A Sothys Flash Beauty facial with scalp massage completes the treatments. Full use of the spa facilities is included.

Available Saturdays and Sundays 11am-4pm £55

Salon Information

Cancellation Policy: Please allow 48 hours notice to avoid a 50% charge per person. Cancellations within a 24 hour period will incur 100% charge.

Peak Times are Friday's, Saturday's and Sunday's all day and after 5pm on Monday's, Tuesday's Wednesday's and Thursday's.

Off Peak Times are Monday's, Tuesday's, Wednesday's and Thursday's 10am - 5pm.

Spa Facilities include: use of 25m Swimming Pool, Jacuzzi, Sauna and Steam Room and Gym facilities.

Brasserie & Costa Coffee is open every day for breakfast, lunch and dinner and offers everything from a quick cappuccino, a tasty selection of light snacks or wholesome main meals.

Greens Members concessions available for Spa Packages.

Spa Packages

Opening Hours

Monday 10.00am - 8.00pm

Tuesday 10.00am - 8.00pm

Wednesday 10.00am - 8.00pm

Thursday 10.00am - 8.00pm

Friday 10.00am - 7.00pm

Saturday 10.00am - 6.00pm

Sunday 12 Noon - 5.00pm



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